

5340 Gulf Drive, Suite 105

Dr. Satish Patel  
Gastroenterology  
727-849-0222

New Port Richey, FL 34652

**Nulytely  
COLON PREP**

**Medications:** If you take Aspirin, Plavix, Coumadin, Lovenox, Vitamin E, Multi-Vitamin, Iron, Herbal Supplements, Ibuprofen, Advil, Celebrex, Naprosyn, Pletal, Relafan, Persantine (Dipyridamole), Aleve, Diet Pills or other blood thinners on a regular basis you will need to **STOP** taking these on \_\_\_\_\_. You may take all your other Regular medications like normal. You may take Tylenol if needed for any reason.

- Diabetics, if you are on insulin/pills please take only ½ your morning dose the day before procedure and no more until after the procedure. Make sure to have a majority of liquids and popsicles with sugar so that your sugar does not drop because you are not eating solid foods.
- If you have an artificial heart valve please let us know on the day of the test before procedure begins.

**Obtain from Pharmacy:**   **(1) Gallon of NuLYTELY (prescription)**  
  **(1) box of Dulcolax tablets (at least 8 tablets)**  
  **(1) tube of A&D ointment and baby wipes (suggestion only)**

- **If you are scheduled at the NPR Surgery Center call 848-0446 one business day prior to your appt. between 1-5 PM to obtain your arrival time.**

**Two Days before Procedure:** \_\_\_\_\_ Take (2) Dulcolax tablets at 7PM.

**Day Before your Procedure:** \_\_\_\_\_

You will be on **clear liquids** the entire day before your procedure. Below is a list of things that you may have. You can have unlimited quantities of these liquids:   NO JELLO

Tea or Coffee (no milk)	Water	Soda (any flavor)	Popsicles (no red)
Chicken or Beef Bouillon			
Gatorade (no red)	Juice (Apple, Grape, Cranberry-all types)		

At **10:00 AM** mix gallon of NuLYTELY according to the directions. You **must start drinking it at 6:00 PM** and finish at **11:00 PM**. Drink an 8 ounce glass every 10-15 minutes until the container is completely empty. Bowel movements will start approximately 1-2 hours after the first glass, but it could take 3-4 hours. Please continue to drink **clear liquids from the above** list until Midnight tonight so that you don't dehydrate. You may also have some abdominal cramping and nausea. If a small amount of rectal bleeding is noticed, **DO NOT PANIC!** This is normal.

At **10:00 PM** take 6 Dulcolax tablets.

**Day of your Procedure:** \_\_\_\_\_ **AT:** \_\_\_\_\_

- Do not have anything to eat or drink until after your procedure.
- Take only your heart and blood pressure pills at **6:00 AM** with sip of water.
- Please arrange transportation home. No taxi-cabs allowed unless you are accompanied by someone.
- If scheduled at the Surgery Center, take your copy of the Patients Rights and Responsibilities with you.
- If no appointment is given below, please call your primary care physician for a follow-up appointment. If Dr. Patel tells you that no appointment is necessary, please call the office to cancel the appointment listed below.
- **In-Office follow-up appointment:** \_\_\_\_\_